# No. UG/ 84 of 2018-19

## CIRCULAR:-

Attention of the Principals of the Affiliated Colleges and Directors of the recognized Institutions in Humanities Faculty is invited to this office circular No. UG/115 of 2016-17, dated 25<sup>th</sup> October, 2016 relating to syllabus of Bachelor of Arts.

They are hereby informed that the recommendations made by the Board of Studies in Psychology at its meeting held on 8<sup>th</sup> June, 2018 have been accepted by the Academic Council at its meeting held on 14<sup>th</sup> June, 2018 vide item No. 4.56 and that in accordance therewith, the revised syllabus as per the (CBCS) for the F.Y.B.A. in Psychology – Sem I & II has been brought into force with effect from the academic year 2018-19, accordingly. (The same is available on the University's website www.mu.ac.in).

MUMBAI - 400 032

(Dr. Dinesh Kamble)
I/c REGISTRAR

To

The Principals of the affiliated Colleges and Directors of the recognized Institutions in Humanities Faculty. (Circular No. UG/334 of 2017-18 dated 9<sup>th</sup> January, 2018.)

## A.C./4.56/14/06/2018

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No. UG/84 -A of 2018

MUMBAI-400 032

19 July, 2018

Copy forwarded with Compliments for information to:-

- 1) The I/c Dean, Faculty of Humanities,
- 2) The Chairman, Board of Studies in Psychology,
- 3) The Director, Board of Examinations and Evaluation,
- 4) The Director, Board of Students Development,
- 5) The Professor-cum-Director, Institute of Distance and Open Learning (IDOL),
- 6) The Co-Ordinator, University Computerization Centre,

(Dr. Dinesh Kamble)
I/c REGISTRAR

## Revised Syllabi for Psychology Core Courses (Major Elective) at the F.Y.B.A. Choice Based Credit System (CBCS)

### Brought into force with effect from the academic year 2018-2019

Code	Sem.	Course Title	Credits	Marks
UAPSY 101	1	Fundamentals of Psychology-	3	100
		Part I		
UAPSY201	2	Fundamentals of Psychology-	3	100
		Part II		

#### Objectives: -

- 1. To impart knowledge of the basic concepts and modern trends in Psychology.
- 2. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology.
- 3. To make the students aware of the applications of Psychological concepts in different areas of day to day life.

#### **Semester 1. Fundamentals of Psychology: Part I** (Credits = 3)

4 lectures per week

#### Unit 1. The science of Psychology

- a) The history of Psychogy.
- b) The Fields of Psychology Today.
- c) Scientific research.
- d) Ethics of Psychological Research.
- e)Applying Psychology to Everyday life.

#### Unit 2. The Biological Perspective.

- a) Neurons and Nerves: Building the Network.
- b) An overview of the Nervous System.
- c) Distant connections: The Endocrine Glands.
- d) Looking inside the Living Brain.
- e)From the Bottom up: The structures of the Brain.
- f) Classic studies in Psychology.
- g) Applying Psychology to Everyday life.

#### Unit 3.learning.

- a) Definition of Learning.
- b) Classical conditioning, and Operant conditioning
- c) Cognitive learning Theory.
- d) Observational Learning.

#### Unit 4.Memory

- a) What is memory?
- b) The Information Processing Model: Three Memory Systems.
- c)Retrieval of Long -term Memories.

- d)Forgetting.
- e) Neuroscience of memory.
- f) Applying Psychology to Everyday life.

#### **Semester 2. Fundamentals of Psychology: Part II** (Credits = 3)

4 lectures per week

#### Unit 1. Cognition: Thinking ,Intelligence, and Language.

- a) How People think.
- b)Intelligence.
- c) Language
- d) Applying Psychology to Everyday life.

#### Unit 2. Motivation and Emotion.

- a) Approaches to understanding Motivation.
- b) What , Hungry again? Why People Eat.
- c) Emotion.
- d)Culture and Emotions.
- e) Applying Psychology to Everyday life.

#### Unit 3. Theories of Personality.

- a)Psychodynamic Perspective.
- b)Psychoanalysis in the East.
- c) The Behavioural and Social Cognitive View of Personality.
- d)The Third Force: Humanism and Personality.
- e)Trait Theories:Who are you?
- f) Modern Trait Theories: The Big Five and current thoughts on the trait Perspective.
- g)Personality: Genetics and Culture.
- h)Assessment of Personality.
- i) Applying Psychology to Everyday life.

#### Unit 4. Statistics in Psychology.

- a) What are Statistics?
- b) Descriptive Statistics.
- c) Inferential Statistics.

#### **Book for Study**

Ciccarelli, S.K., White ,J.N., & Mishra, G. (2018) . Psychology. 5<sup>th</sup> Edition; Indian Adaptation. Pearson India Education Services Pvt.ltd.

### Additional Books for Reference

- 1) Baron, R. A., &Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- 2) Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology.(Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.
  3) Ciccarelli, S. K., & White, J. N. (2017). <u>Psychology.</u>4<sup>th</sup>edi. New Jersey: Pearson
- education
- 4) Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections.

New York: McGraw Hill publications

- 5) Feldman, R.S. (2013). <u>Psychology and your life.</u>2<sup>nd</sup>edi. New York: McGraw Hill publications
- 6) Feldman, R.S. (2013). Understanding <u>Psychology.</u>11<sup>th</sup>edi. New York: McGraw Hill publications
- 7) King, L.A. (2013). <u>Experience Psychology.</u>2<sup>nd</sup>edi. New York: McGraw Hill publications
- 8) Lahey, B. B. (2012). <u>Psychology: An Introduction</u>. 11th edi. New York: McGraw-Hill Publications
- 9)Myers, D. G. (2013). <u>Psychology</u>. 10<sup>th</sup> edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
- 10)Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). <u>Psychology.</u> New York: Worth Publishers.
- 11) Wade, C. & Tavris, C. (2006). <u>Psychology</u>. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi

## Modified Pattern of Question Paper for Semester End Assessment implemented from 2018-2019 For Psychology courses at F.Y.B.A.

Duration of examination = <b>3 hours</b>	Total Marks = $100$ (per semester)

All 5 questions carry **20** marks and are compulsory. There will be internal choice in each Question.

Q1.Attempt any two questions (unit 1)		
A B C		
Q2.Attempt any two questions (unit 2)	20marks	
A B C		
Q3.Attempt any two questions (unit 3)	20marks	
A B C		
Q4.Attempt any two questions (unit 4)	20marks	

A	
В	
C	
Q5.Attempt any two questions (unit 1,2,3,4 one from each unit)	20 marks
A	
В	
C	
D	

#### Semester II

Use of simple calculator shall be permitted.( instruction to be included in the question paper).

Question 4 and Question 5( D)will be based on unit 4 Statistics in Psychology. One Theory question from the contents of the chapter carrying 10 marks and 03 questions for calculations.

Frequency distribution table to be made with 30-35 scores given and a theory question

Calculation of the Mean Median and the Mode with the help of 10 -12 scores given and a theory question.

Calculation of the Range , Standard deviation and Z Score with the help of 10 -12 scores given.